

## Coronavirus (COVID-19): Risk Assessment and Method Statement for Summer 2020 Pre-season training

**Assessment date:** 22 June 2020 **Assessed By:** Andrew Frapwell, Mark Hancock, Richard Goode (Coaches)

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**Version:** 1.0

		<i>Likelihood of something happening</i>					
		Very Unlikely	Unlikely	Possible	Likely	Very Likely	
		1	2	3	4	5	
<i>Severity if it happens</i>	Negligible	1	1	2	3	4	5
	Minor	2	2	4	6	8	10
	Moderate	3	3	6	9	12	15
	Major	4	4	8	12	16	20
	Extreme	5	5	10	15	20	25

*The risk matrix (above) has been used in the risk assessment below.*

***In order to minimise the risk of spread of Covid-19 infection, we rely on everyone in our club (parents, players and coaches) taking responsibility for their actions and behaviours***

# Droitwich Spa Boys and Girls Football Club

Hazard	Likelihood x severity	Control Measures	Likelihood x severity	Persons at Risk	Comment
<p><b>Exposure from others due to:</b></p> <ol style="list-style-type: none"> <li>1. Living with someone with a confirmed case of COVID-19.</li> <li>2. Have come into close contact (within 2 metres for 15 minutes or more) with a confirmed case of COVID-19.</li> <li>3. Being advised by a Public Health Agency that contact with a diagnosed case has occurred.</li> </ol>	3 x 4 = 12	<ul style="list-style-type: none"> <li>● To follow government guidance of “stay alert” and stay at home</li> <li>● Do not attend training</li> <li>● Maintain contact with the coaches via WhatsApp group</li> <li>● To follow ongoing government guidance at all times from home</li> <li>● Follow good NHS hygiene measures at all times</li> </ul>	1 x 4 = 1	Players, parents, coaches	<p>The ‘r’ rate is currently below 1</p> <p>Deaths in Worcestershire due to Covid-19 currently stand at zero</p> <p>Confident that parents will not allow boys to attend training if a family member is displaying symptoms</p>
<p><b>Suspected case whilst attending training</b></p>	3 x 4 = 10	<p>If a player, parent or coach displays or develops a high temperature or a persistent cough whilst attending training they should:</p> <ol style="list-style-type: none"> <li>1. Stop training / coaching / spectating immediately.</li> <li>2. Return home immediately if possible.</li> <li>3. Avoid touching anything.</li> <li>4. Cough or sneeze into a tissue and put it in the yellow disposable clinical waste bag, or if they do not have tissues, cough and sneeze into the crook of their elbow.</li> <li>5. Players must then follow the guidance on self-isolation and not return to training / coaching or spectating until their period of self-isolation has been completed.</li> </ol>	1 x 4 = 5	Players, parents, coaches	<p>The ‘r’ rate is currently below 1</p> <p>Deaths in Worcestershire due to Covid-19 currently stand at zero</p> <p>Confident that parents will take boys home immediately or collect following phone call</p>

# Droitwich Spa Boys and Girls Football Club

Hazard	Likelihood x severity	Control Measures	Likelihood x severity	Persons at Risk	Comment
<b>Crowded access / egress to Chawson Valley pitches / training areas</b>	4 x 2 = 8	<ol style="list-style-type: none"> <li>1. Coaches arrive 30 – 45 minutes prior to session</li> <li>2. Parents drop-off players no earlier than 10 minutes before session. If parents wish to spectate they should wait in cars and walk to training area a few minutes after the designated start time and avoid congestion at all times</li> <li>3. Coaches will cone off / ‘warning tape’ all training areas</li> <li>4. A spectators area will be designated</li> <li>5. A congregation and hygiene station area on arrival will be designated for players – observing social distancing</li> <li>6. Cleaning materials will be provided to regularly clean equipment</li> <li>7. Parents/players must inform coaches 24 hours in advance of intended attendance to allow detailed planning of the session</li> <li>8. Coaches will coordinate a staggered exit of players (liaising with other coaches) if other sessions are scheduled</li> </ol>	2 x 2 = 4	Players, parents, coaches	<p>We are printing signage for the different areas</p> <p>Reminders to players and parents of social distancing measures will also be displayed</p> <p>An email will be sent to all ‘triallists’ the week prior to training starting</p>

# Droitwich Spa Boys and Girls Football Club

Hazard	Likelihood x severity	Control Measures	Likelihood x severity	Persons at Risk	Comment
Poor Hygiene	3 x 4 = 12	<ul style="list-style-type: none"> <li>• Players will be expected to bring their own hand sanitizer and wash their hands thoroughly and regularly during the session</li> <li>• Players and coaches should avoid touching face/eyes/nose/mouth/equipment with unwashed hands</li> <li>• Cover cough or sneeze with a tissue then throw it in the yellow disposable clinical waste bag provided</li> <li>• Equipment will be wiped down by coaches prior to session, during drink breaks and hand wash breaks and at the completion of the session</li> <li>• Coaches and players are recommended to cover their faces</li> </ul>	1 x 4 = 4	Players and coaches	<p>Alcohol-based hand-sanitiser should be brought to every session (players and coaches)</p> <p>Tissues should be brought to every session (players and coaches)</p>

# Droitwich Spa Boys and Girls Football Club

Hazard	Likelihood x severity	Control Measures	Likelihood x severity	Persons at Risk	Comment
<b>Working within two metres of other players / coaches working within two metres of the players</b>	3 x 4 = 12	<ul style="list-style-type: none"> <li>● In planning always consider if the task can be performed differently without having to breach the 2m social distancing rule</li> <li>● Limit face to face working of players - work sideways on from each other where possible</li> <li>● Limit the frequency of working within 2m to an absolute minimum and ensure it is for strictly low intensity, sporadic work where exposure to this distance is less than 15 minutes</li> <li>● Provide supervision (1 coach per pod of 6 players) to monitor distancing and teams not to be rotated</li> <li>● Continue to conduct dynamic risk assessments whilst supervising the fitness activities and speak up if there is a safer way of completing the task</li> <li>● Coaches are to avoid sharing pens or other items / materials</li> <li>● Coaches remain outside the pods</li> </ul>	1 x 4 = 4	Players and coaches	Government guidelines indicate individuals are permitted to meet with up to 5 other members outside of their household

# Droitwich Spa Boys and Girls Football Club

Hazard	Likelihood x severity	Control Measures	Likelihood x severity	Persons at Risk	Comment
Accident requires Emergency First Aid	2 x 4 = 8	<ul style="list-style-type: none"> <li>• We have NHS standard PPE for Coronavirus (Covid-19) where emergency first aid has to be administered</li> <li>• Disposable gloves and eyewear is available to prevent and reduce potential contamination</li> <li>• Reusable PPE should be thoroughly cleaned after use and not shared between coaches. These are stored in sealable bags in the First Aid bag</li> <li>• Single use PPE should be disposed of so that it cannot be reused and to control potential contamination is controlled (waste should be placed in the yellow disposable clinical waste bag provided).</li> </ul>	1 x 4 = 4	Players and coaches	<p>The likelihood of an accident is minimal due to the non-competitive and non-contact requirement</p> <p>PPE equipment has already been face fit tested by the coaches</p>

## Method Statement

### Prior to training

#### Coaches

- ✓ Ensure that all relevant documentation and Risk Assessments are in place and understood by all coaches, players and parents
- ✓ Ensure PPE equipment is available and used as per manufacturers guidelines
- ✓ Ensure coaches, players and parents understand their roles and responsibilities
- ✓ Ensure access and operational details / times etc. have been confirmed by the club secretary / Mark Hancock
- ✓ Ensure equipment has been thoroughly cleaned / wiped down (poles, cones, dots, balls)

#### Parents

- ✓ Ensure club information is passed onto players
- ✓ Please provide hand sanitiser for players

#### Players

- ✓ Prepare your own: water bottle, hand sanitiser, clean kit and (if necessary gloves and face mask)
- ✓ Should you be feeling unwell or displaying symptoms such as a temperature or persistent cough, let the coaches know you will not be attending the training

## On arrival at Venue

### Coaches

- ✓ Arrive at the training area 30 – 45 minutes before the scheduled session
- ✓ If required, the training area will be cordoned off with hazard tape whilst setting up the pods and equipment
- ✓ Pods will be approximately 20m x 20m (x3 maximum)
- ✓ All equipment should be placed at its location using gloves
- ✓ During laying out of equipment coaches will monitor the area to ensure there is no public access
- ✓ Once layout is complete a walk around by all coaches will be completed prior to the event to ensure the layout allows for the numbers attending and spectating
- ✓ The First Aid kit (including the PPE) will be located equidistant to each of the training pods
- ✓ The equipment should be supervised by coaches if not being used

### Parents

- ✓ If providing a lift to training for players, please arrive no earlier than 10 minutes before the scheduled session to avoid congestion
- ✓ Please wait in the car until the session has started and then make your way onto the fields

### Players

- ✓ Make your way to the designated arrival area and layout your accessories as directed by the coaches
- ✓ Only access equipment when directed by the coaches



## Coaching Session

### Coaches

- ✓ All coaches should administer hand sanitiser before the session
- ✓ All incidences / accidents must be reported to the club secretary
- ✓ Any PPE equipment if used must be used in accordance with the manufacturer's guidelines
- ✓ Ongoing monitoring of the identified hazards should be conducted

### Parents

- ✓ Please stand in the designated spectator area and observe social distancing
- ✓ Allow players / coaches to retrieve stray footballs

### Players

- ✓ Explicitly follow the instructions of the coaches
- ✓ Question any instruction you are not comfortable with
- ✓ Take on fluids during the regular drink breaks – do not share bottles
- ✓ No spitting of saliva or fluids is allowed
- ✓ When practices are paused / changes, stand away from equipment / refrain from picking up footballs
- ✓ No eating is allowed
- ✓ Stay in your pods unless direct otherwise

## Session End

### Coaches

- ✓ Before dismissing players ensure all accessories have been collected
- ✓ All coaches will be responsible for the safe removal of equipment
- ✓ Spare items of player kit must not be taken home
- ✓ The equipment should be wiped down (disinfected) before being stored or removed
- ✓ A walk around of the site by the coaches will be completed to check the area is clear and free from all equipment and PPE
- ✓ If a lot of players have attended the session, there may be a staggered dismissal

### Parents

- ✓ If spectating please ensure players have all the accessories they arrived with
- ✓ If you have not stayed to watch the session, please remain in the car in the Chawson Valley car park
- ✓ If several players have attended the session, there may be a staggered dismissal – please be patient

### Players

- ✓ Collect your accessories from the designated area
- ✓ Observe social distancing
- ✓ You may be asked to leave at staggered intervals by your coaches if there are a lot of players at training